

**!!!!**  
**SUNDAY COMPLINE THIS MONTH**

**December 15, 2019, at 7:25 pm ET/6:25 pm Central**

***TWENTY INSPIRING MINUTES!***  
**LIVE VIDEOCONFERENCE WORSHIP WITH LCG SISTERS  
AND BROTHERS**

An important element of the Cistercian life is regular participation in the Daily Office and Community. Come pray with LCG sisters and brothers at our monthly **LIVE Compline service** this Sunday. At the same time our monks are praying Compline at Gethsemani Abbey. **Twenty inspiring minutes** to help close your day with our monks and LCG members and friends. Haven't tried videoconference?? Take courage! Give it a try; as many of our members have found: Almost as good as being at Gethsemani Abbey.

**ON YOUR COMPUTER (or phone), CLICK THE BLUE MEETING IDENTIFIER:** within seconds you will join.

Join Zoom Meeting

<https://zoom.us/j/466932775>

Meeting ID: 466 932 775

One tap mobile

+1 646 558 8656,,466932775# US (New York)

+1 408 638 0968,,466932775# US (San Jose)

Dial by your location

+1 646 558 8656 US (New York)

+1 408 638 0968 US (San Jose)

Meeting ID: 466 932 775

Find your local number: <https://zoom.us/u/addyXGcs9l>

You are encouraged to join at 7:25 pm when **Michael Gyulay** (Spiritus) will lead a time of thanksgiving and prayer leading to

the 7:30 Compline service:

- Prelude - visit and background chant music;
- Welcome, Affirmation, and Prayer by Michael Gyulay
- Compline begins at 7:30 – together we pray the Office with the Monks of Gethsemani using the Abbey video
- Depart to personal “grand silence” for the night

**DON'T HAVE THE ZOOM APP? IT'S FREE! EASILY DOWNLOAD THE ZOOM APP:** Click the meeting identifier above; if not already a Zoom user you will be asked to download the Zoom app (takes about two minutes.) You will find what other LCG members have found: a good way of connecting with sisters and brothers to better share our Cistercian life of the spirit. Several of our LCG communities have successfully used Zoom—a videoconference application that you can quickly download on your computer or smartphone.

+++++